

SKY POOL SCHEDULE

	MONDAY & WEDNESDAY						TUESDAY & THURSDAY							FRIDAY						SATURDAY						SUNDAY					
5:45am	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	
бат	6am		6am		6am		бат		бат		бат		6am		6am		6am		6am		бат		бат		бат		6am		бат		
7am			:30am ters		7am		7am	7–8am	7am		7am		7am	7–8am	7am		7am	6–7:30am Swim Team	7am		7am		7am		7am		7am		7am		
8am	8am Monday & Wednesday, 7:30 6 Lanes available 9am 9am		8am 0-9am		Technique Development		pment	8am			Distance Sw Developme				8am		7		0-9am		8am	8am			8am		8am				
9am			available	9am		9am		sday & Th 6 Lanes	ursday, 8–' available	9am 9am		9am	8–9 6 Lanes		am available	9am		7:30–9am Masters Advanced			9am		9am		9am	9am					
10am		–10am Ja Fitness	10am		10am			9–10am Swim Fit	Aqu	Aqua l	0am Fitness anced	Juin	9–10am Swim Fit	Zum		10am	10am	9–10:3 Weeker Gro	nd Kids	10am				9–1	11am end Kids	10am					
11am	Adu Ac)–11am ılt Stroke dvanced	11am	n	11am		Adult Begi	1am Stroke inner	11am	11am 11am		Adu	10–1 Adult Begi	1am Stroke nner		11am			up	11am				Group	11am						
12pm	11–11:30a Parents & To	m ots	12pm		12pm	om	11–11:30am Parents & Tots		12pm	12pm		-		12pm		12pm		10.200	12p m–2:30pm	12pm						12pm					
1pm			1pm		1pm				1pm		1pm		10am– 5:30pm		1pm		1pm		Private L		1pm				11am–2 Private	2:30pm Lessons	1pm				
2pm	12–4pr Private Lesson		2pm		2pm		12–4pm Private Lessons		2pm		2pm		Private Lessons		2pm		2pm			2pn	2pm						2pm				
3pm		2–4pm Private Lessons	<u>3pm</u>		<u>3pm</u>	From 10am		2– 4:30pm Private	3pm		3pm	From 10am		2:30-	<u>3pm</u>		<u>3pm</u>	From 10am	3pm		3pm		From		3pm		3pm		From		
4pm	4–4:30pm Level 1	n 4–4:30pm Intro	4pm		4pm	OPEN SWIM	4–4:30pm Level 1	Lessons	4pm		4pm	OPEN SWIM		5:30pm Private Lessons	4pm		4pm	OPEN SWIM -	4pm		4pm		OPEN SWIM		4pm		4pm		OPEN SWIN		
5pm	4:30–5:30p Level 2	om 4:30–5:30pm Level 3	4:45–5:45pm Level 5	4:45–5:45pm Junior Squac	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim	4:30–5:30pm Level 2	4:30–5:30pm Level 3	4:45–5:45pm Level 5	4:45–5:45pm Junior Squad	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim			5pm		5pm		5pm 5–6pm Weekend		5pm			5pm		5pm					
6pm		5	45 7.150			5:30–6:45pm Intermediate						5:30–6:45pm Intermediate	5:45–7:15pm					Kids Group		6pm			6pm		6pm						
7pm		5:45–7:15pm Competitive Squad		quad			5:45–7:15pm Competitive Squad				Competitive Squad					7pm	n 7pm					7pm		7pm							
8pm		0–8:30pm roke Advanced	8pm		8pm		7:30–8 Adult Interm	3:30pm Stroke nediate	8pm		8pm		8pm		8pm		8pm		8pm		8pm				8pm		8pm				
9pm	9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm				9pm		9pm				
10pm	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm				10pm		10pm				

SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- Sky Pool Splash-A-Round: September 29, October 27, November 24 & December 22
- Swim Clinics with Olympians: September 8, October 20 & November 10
- TACST's Fall Invitational Meet: September 14 (Pool closure 7am–5pm)

LAP SWIM

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.