



SKY POOL SCHEDULE

LAP SWIM

	MONDAY & WEDNESDAY							TUESDAY & THURSDAY					FRIDAY						SATURDAY						SUNDAY				
5:45am	Lan	ne 6 Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6 Lane	5 Lane 4	Lane 3	Lane 2	Lane 1
6am	6a	ım	6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am	баm		6am	
																		6–7:30am											
7am		6:30-7 Mas			7am		7am		7am		7am		7am	7–8am	7am		7am	Swim Team	7am		7am		7am		7am	7am		7am	
8am	92	8am Monday & Wednesday, 7:3 6 Lanes available 9am 9am			8am		Technic	7–8am que Develo	oment	8am				ristance Swi Developmer	wim		8am					8ai			8am	8am		8am	
Carri	Oal			30–9am		Tuesday & Thursday 6 Lanes availab			ırsday, 8–9	–9am				8–9	8–9am		7:30–9am Masters Advanced			Gairi		Oam	Oaiii		Oam				
9am	9a			9am		9am		6 Lanes a 9am	anes available am			9am		6 Lanes available 9 am		9am			····asters /			9am		9am	9am		9am		
10am		9–10am qua Fitness		10am		9–10am Swim Fit				9–10 Aqua F Adva	itness		9–10am Swim Fit			10am		Weekei	-10:30am ekend Kids	10am				9–11am	10am				
10am		10-11am	<u> 10am</u>		<u>10am</u>		10-1	1am			Auva	liceu		10-1	1am		Tuam		Gro	oup	TUam				Weekend Kids Group	IVam			
11am		Adult Stroke Advanced	11am		11am		Adult S Begi		11am		11am			Adult S Begi			11am				11am					11am			
	11–11: Parents	:30am s & Tots					11–11:30am Parents & Tots																						
12pm			12pm		12pm				12pm		12pm				12pm		12pm		10:30am	–2:30pm	12pm					12pm			
1pm			1pm		1pm				1pm		1pm		10am-		1pm		1pm		Private	Lessons	1pm				11am–2:30pm Private Lesson	n s <u>1pm</u>			
	12-4	4pm					12–4pm						5:30pm Private Lessons																
2pm	Priva	ivate ssons	2pm			12-4pm Private Lessons		2pm		2pm		EC330113		2pm		2pm				2pm					2pm				
3pm		2–4pm Private	3pm		3pm	From		2-	3pm		3pm	From			3pm		3pm	From	3pm		3pm				3pm	3pm			
		Lessons				10am OPEN		4:30pm Private				10am OPEN		2:30-				10am OPEN					From OP	9am EN				From OP	9am EN
4pm	4–4:30	1–4:30pm 4–4:30pm Level 1 Intro	4pm		4pm	SWIM	4–4:30pm Level 1	Lessons	4pm		4pm	SWIM		5:30pm Private Lessons	4pm		4pm SWIN	OPEN SWIM	4pm		4pm		SWIM		4pm	4pm		SW	
5pm					4:45-5:30nm	4:45-5:30nm	4:30–5:30pm Level 2	4:30–5:30pm			4:45-5:30pm	4:45–5:30pm		Lessons	5pm		5pm		5pm		5pm				5pm	5pm			
	Leve	4:30–5:30pm el 2 Level 3	4:45–5:45pm Level 5	4:45–5:45pm Junior Squad	Level 4	4:45–5:30pm Lap Swim	Level 2	Level 3	4:45–5:45pm Level 5	4:45–5:45pm Junior Squad	Level 4	Lap Swim							5–6pm Weekend										
брт		_	5:30–6:45pm Intermediate			5:30-6:45pm Intermediate					F. 45 7-15 mm					Kids Group		6pm				брт	6pm						
7pm	Comp			5–7:15pm etitive Squad			5:45–7:15pm Competitive Squad						5:45–7:15pm Competitive Squad			7pm	7pm 7pm					7pm	7pm						
							7,20 -0	,20mm												8pm									
8pm	Adult	7:30–8:30pm t Stroke Advanced	8pm		8pm		7:30–8 Adult S Interm	Stroke	8pm		8pm		8pm		8pm		8pm		8pm						8pm	8pm			
9pm	9p	om	9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm				9pm	9pm			
10pm	10p	pm	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm				10pm	10pm			

SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- Sky Pool Splash-A-Round: September 29, October 27, November 24 & December 23
- * Swim Clinics with Olympians: September 8, October 20 & November 10
- * TACST's Fall Invitational Meet: September 14 (Pool closure 7am-5pm)

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.