



SKY POOL SCHEDULE



	MONDAY & WEDNESDAY							TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY					
5:45am	Lane	6 Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	
6am	6am	1	бат		6am		6am		6am		6am		6am		баm		6am		6am		6am		6am		6am		6am		баm		
																		6–7:30am													
7am	m 6:30-7: Mast				7am		7am		7am	7am	7am		7am 7–8am	7am		7am	Swim Team	7am		7am		7am		7am		7am		7am			
8am	8am 8am		9 a ma	8am			Techni	7–8am que Development			8am			istance Swi evelopmer			8am						Q a pa	8am 8am			8am		8am		
Oaiii	Oali	Monday & Wednesday, 7:30 6 Lanes available		–9am		Tuesday & Th		day & Thur	ursday, 8–9am					8–9	8–9am		7:30–9am Masters 9am			Oalli		Oaiii		Oam							
9am	9am	9am 9am		9am	9am			Tuesday & Thursday, 8- 6 Lanes available 9 am		9am		9am		6 Lanes available 9am		9am					9am		9am		9am		9am				
10am	<u>ç</u> Aq	-10am la Fitness			10am			9–10am Swim Fit			9–10 Aqua F Adva	itness	9–1 Swir	9–10am Swim Fit			10am		9–1 ⁻		10am				9–11	9–11am	10am				
Toain		0–11am	Ισαιιι		TOATTI		10-1	1am Stroke			71011			10–1 Adult	1am		Toam			nd Kids	Toairi				Weeker Gro		Toam				
11am	A	ult Stroke dvanced	11am		11am		Begi		11am		11am			Interm			11am				11am						11am				
	11–11:30 Parents &	Tots					11–11:30am Parents & Tots																								
12pm			12pm		12pm				12pm		12pm				12pm		12pm				12pm					-	12pm				
1pm			1pm		1pm				1pm		1pm		10am- 5:30pm		1pm		1pm		11am– Private	2:30pm Lessons	1pm				11am–2 Private l	2:30pm Lessons	1pm				
2pm	12–4p Privat	om to	2pm		2pm		12–4pm Private		2pm		2pm		Private Lessons		2pm		2pm				2pm						2pm				
	Lesso	ns					Lessons																								
3pm		2–4pm Private	3pm		3pm	From 10am		2– 4:30pm	3pm		3pm	From 10am			3pm		3pm	From 10am	3pm		3pm		From	9am	3pm		3pm		From	n 9am	
4pm		Lessons	4pm		4pm	OPEN		Private Lessons	4pm		4nm	OPEN		2:30- 5:30pm	4pm		4pm	OPEN SWIM	4nm		4pm		OP	EN	4pm		4pm		OP	PEN	
тріп	4–4:30p Level 1	m 4–4:30pm I Intro	трііі		трііі	SWIM	4–4:30pm Level 1		тріп		трііі	SWIM		5:30pm Private Lessons	трііі		трііі	SWIM	4pm		ТРІІІ		SW	'IM	трііі		тріп		SW	VIM	
5pm	4:30–5:30 Level 2	2pm 4:30–5:30pm 2 Level 3	4:45–5:45pm 4:	l:45–5 <u>:</u> 45pm	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim	4:30–5:30pm Level 2	4:30–5:30pm Level 3	4:45–5:45pm 4 Level 5 J	4:45–5:45pm	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim			5pm		5pm		5pm 5–6pm		5pm				5pm		5pm				
6pm			Levers	unior squad					Level 5	Julioi Squau									5–6pm Weekend Kids Group		6pm				6pm		брт				
	5:45			5:30-6:4 5-7:15pm					45–7:15pm		5:30–6:45pm Intermediate		5:45-7:1			7:15pm								Opin							
7pm	7pm Com		petitive Squad				Competitive Squad			uad					Competitive Squad				7pm		7pm				7pm		7pm				
8pm		30–8:30pm troke Advanced	7:15–8:30 Race Pa Developr	ace ment	8pm		7:30–8 Adult	Stroke	8pm		8pm		8pm		8pm		8pm		8pm		8pm				8pm		8pm				
9pm	9pm		(Wednesday	y only)	9pm		Interm 9pm	ediate	9pm		9pm		9pm		9pm		9pm		9pm		9pm				9pm		9pm				
10pm	10pr	n	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm				10pm		10pm				

SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- * Sky Pool Splash-A-Round: February 16, March 23, April 20, May 18 & June 29
- * Swim Clinics with Olympians: March 16, April 13, May 11 & June 22
- ***** Winter Sprinter Swim Meet: March 1
- * Summer Team Championships Swim Meet: May 31
- * All-Comers Swim Meet: June 7

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.