

# SKY POOL SCHEDULE 2019

5:45am–11pm

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY											
5:45am	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6						
6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am	6am						
7am	6:30–7:30am Masters Advanced						6:30–7:30am Masters						6:30–7:30am Masters Advanced						6:30–7:30am Masters						6:30–7:30am MS Intense						7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am	7am
8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	8am	7:30–9am Masters Advanced						7:30–8:30am Masters											
9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am	9am						
10am	10am	10am	10am	9–10am Aqua Fitness	9–10am Swim Fit	10am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	11am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	11am	9–10am Swim Fit	10–11am Aqua Fitness (Friday Optional)	11am	11am	11am	11am	9am–2:30pm Private lessons	10am	10am	10am	10am	10am	9am–2:30pm Private lessons	10am	10am	10am	10am	10am							
11am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	11am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	11am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	10–10:30am Parents&Tots A	10–11am Stroke Development	11am	11am	11am	11am	10am–12pm Private lessons	10–11am Aqua Fitness (Friday Optional)	11am	11am	11am	11am	9am–2:30pm Private lessons	11am	11am	11am	11am	11am	9am–2:30pm Private lessons	11am	11am	11am	11am	11am							
12pm	10am–12pm Private lessons	12pm	12pm	12pm	12pm	12pm	10am–12pm Private lessons	12pm	12pm	12pm	12pm	12pm	10am–12pm Private lessons	12pm	12pm	12pm	12pm	10am–12pm Private lessons	12pm	12pm	12pm	12pm	12pm	10am–12pm Private lessons	12pm	12pm	12pm	12pm	12pm	9am–2:30pm Private lessons	12pm	12pm	12pm	12pm	12pm	9am–2:30pm Private lessons	12pm	12pm	12pm	12pm	12pm							
1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm	1pm							
2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	2pm	1–4:30pm Private lessons	2pm	2pm	2pm	2pm	2pm							
3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	3pm	1–4:30pm Private lessons	3pm	3pm	3pm	3pm	3pm							
4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4pm	4–4:30pm Goblins	4pm	4pm	4pm	4pm	4pm							
5pm	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson	4:45–5:30pm Mini Muddies	4:45–5:30pm Lap Swim	4:45–5:45pm JJ's	4:45–5:45pm Mudsharks Group Lesson														
6pm	5:45–7:15pm Tiger Sharks Squad						5:30–6:45pm Intermediate Squad						5:45–7:15pm Tiger Sharks Squad						5:30–6:45pm Junior Squad						5:45–7:15pm Tiger Sharks Squad						5:30–6:45pm Intermediate Squad						6pm	6pm	6pm	6pm	6pm	6pm	6pm	6pm	6pm	6pm	6pm	6pm
7pm	5:45–7:15pm Tiger Sharks Squad						5:30–6:45pm Intermediate Squad						5:45–7:15pm Tiger Sharks Squad						5:30–6:45pm Junior Squad						5:45–7:15pm Tiger Sharks Squad						5:30–6:45pm Intermediate Squad						7pm	7pm	7pm	7pm	7pm	7pm	7pm	7pm	7pm	7pm	7pm	7pm
8pm	8pm	8pm	8pm	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	8pm	8pm	7:15–8:15pm Stroke Development	8pm	8pm	8pm	8pm	8pm					
9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm	9pm						
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11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm	11pm							

LAP SWIM

## SKY POOL OFFICE: 03-4588-0700

\* The above schedule is a guide only to the Sky Pool usage expected for each day of the week. Please note that this schedule may change according to use requirements at any given time.

\* Golden Week Holiday (April 27-May 6)

No Private Lessons and Kids Group

## GENERAL RULES

All persons using the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries in or around the Sky Pool area resulting from negligence on the part of the user with respect to published rules or through noncompliance with the instructors of lifeguards or other Club staff.