



SKY POOL SCHEDULE

LAP SWIM

		MONDAY & WEDNESDAY						TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY					
5:45am	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6 Lane 5	Lane 4	Lane 3	Lane 2	Lane 1		
6am	6am		6am		6am		6am		6am		6am		6am		баm		6am		6am		6am		6am		6am	6am		6am			
																		6–7:30am													
7am	n 6:30–7:30 Masters						6:30-7:30am Technique Develo	7:30am Development	7am		7am		7am	-8am	7am	7am	Swim Team	7am		7am		7am		7am	7am		7am				
8am	Q a m	8am 8am Monday & Wednesday, 7:30 6 Lanes available 9am 9am		8am		8am		8am		8am		Distar	nce Swim lopment	8am		8am						8am		8am	8am		8am				
Oalli	Oaiii			–9am		Tues		day & Thursday, 7:30-9 6 Lanes available		-9am	9am				8–9am			7:30–9am Masters			Oaiii		Odili	Odili		Oaiii					
9am	9am			9am		9am		9am		9am		9am		6 Lanes available 9am		9am						9am		9am	9am		9am				
		-10am a Fitness						9–10am Swim Fit				Fitness		9–10am Swim Fit					9–10 Weeker	nd Kids					9–10am Weekend Kids						
10am		–11am	<u> 10am</u>		<u> 10am</u>		10-1	l 1am			Ådva	nced			1am		10am		Gro	oup 10am	10am				Group	10am					
11am	Adu	It Stroke Ivanced	11am		11am		Adult Begi	Stroke	11am		11am				Stroke		11am				11am					11am					
Train	11-11:30an Parents & To		Trairi		110111		11–11:30am Parents & Tots		Trum		TIGHT						Truin				TTAITI					Truin					
12pm			12pm		12pm	1			12pm		12pm				12pm		12pm		10am-2	2:30pm	12pm				10am–2:30pm	12pm					
																			Private	Lessons					Private Lessons						
1pm			1pm		1pm				1pm		1pm		10am- 5:30pm		1pm		1pm				1pm					1pm					
2pm	12–4pn Private	n	2pm		2pm		12-4pm		2pm		2pm		Private Lessons		2pm		2pm				2pm					2pm					
	Private Lessons						Private Lessons																								
3pm		2–4pm Private	3pm		3pm	From		2-	3pm		3pm	From			3pm		3pm	From	3pm		3pm		_		3pm	3pm					
		Lessons				10am OPEN		4:30pm Private				10am OPEN		2:30-				10am OPEN					From OP	9am EN				From 9 OPE			
4pm	4–4:30pm Level 1	4–4:30pm Intro	4pm		4pm	SWIM	4–4:30pm Level 1	Lessons	4pm		4pm	SWIM		5:30pm Private	4pm		4pm	SWIM	4pm		4pm		SW		4pm	4pm		SWI			
5pm								4:20 5:20pm						Lessons	5pm		5pm		5pm		5pm				5pm	5pm					
	Level 2	m 4:30–5:30pm Level 3	4:45–5:45pm Level 5	4:45–5:45pm Junior Squad	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim	Level 2	4:30–5:30pm Level 3	4:45–5:45pm Level 5	4:45–5:45pm Junior Squad	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim			·				5–6pm Weekend												
6pm						5:30–6:45pm Intermediate						5:30–6:45pm Intermediate							Kids Group		6pm				брт	6pm					
		5:45–7:15pm Competitive Squad					5:45–7:15pm Competitive Squad				Intermediate	5:45–7:15pm Competitive Squad											_	_							
7pm																			7pm		7pm				7pm	7pm					
8pm)–8:30pm	8pm		8pm		7:30-8	3:30pm	8pm		8pm		8pm		8pm		8pm		8pm		8pm				8pm	8pm					
		oke Advanced						Stroke nediate																							
9pm	9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm				9pm	9pm					
10.	10.		10		10		10		10		10		10-		10-		10-		10		10				10	10					
10pm	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		TUpm		10pm				10pm	10pm					

SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- * Sky Pool Splash-A-Round: Oct 29, Nov 26, Dec 17
- ***** Olympian Swim Clinics: Nov 12
- * Pool Closed: Dec 18–Jan 1, reopens on Jan 2

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.